

Social, Emotional and Mental Health needs supported within our school:

- Attachment disorder
- Anxiety difficulties
- ADHD
- Social understanding difficulties
- Friendship development difficulties
- Emotional resilience difficulties

Who supports individual children's needs?

In School (Internal):

- Miss Laura Stanion (Junior SENDCo and Mental Health Lead)
- Mrs Rosemary Hope (Infant SENDCo)
- Mrs Loretta Connolly (Family Support Worker)

External:

- Helen Lord (Counselling and Supervision)
- Educational Psychology Service (CEPS)

What do we offer?

- Whole school behaviour policy – (relational approach)
- Emotion Coaching
- Peace corners in every classroom containing self-regulation strategies (e.g. fiddle toys, ooze tubes, glitter timers, mindful colouring, calm coins)
- Jigsaw (PSHE scheme)
- All about me (RSE scheme)
- Paws b (Mindfulness curriculum)
- Relationship Based Play
- SEAL (Social, Emotional aspects of learning) groups
- Art shed and reflective play area for quieter activities at break and lunch times.
- Coming soon – Prayer garden.

**Social, Emotional and
Mental Health Needs
at
St Alphege CE Schools**