

<p>OBJECTIVE: To achieve self-sustaining improvement in the quality of PE and sport in primary schools against 5 Key indicators: All pupils leaving school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.</p>	
<p>1. Engagement of all pupils in regular physical activity</p>	<ul style="list-style-type: none"> • Regular survey/audit of pupil OSH clubs and activity participation – any vulnerable pupils then targeted for Change4Life club and by Lunchtime Play Facilitator. Analyse results and feedback to all staff to action as required. • Playtime facilitator – lead and encourage active playtimes in organised games etc. and ensuring identified children are engaging in physical activity. • Active school ethos – shown in regular planning of Wake Up Shake Up and MoTD Active Maths sessions. • Activity Buddy Homework Packs for each class – all pupils given the opportunity to participate, encouraging active daily 60 • Weekly Activity Challenges online (Twitter) to encourage active daily 60.
<p>2. The profile of PE and Sport being raised across the school as a tool for whole school improvement</p>	<ul style="list-style-type: none"> • Whole school Healthy Week – thematic cross-curricular focus on all aspects of active, healthy lifestyles • Change4Life resources sent home to all pupils • School and Class council involvement in the selection of playtime equipment and toys • Playtime Champions – celebrating children who participate in weekly playground challenges • Change4Life Healthy Minds & Bodies club • School newsletter updates to inform parents of events in school e.g. RED January, Mr Men & Little Miss Marathon Challenge • Twitter challenges – weekly physical activity challenges • Maths of The Day Champions recognising participation in Active Maths sessions and celebrating achievements • Whole school Sports Day – celebration • Wake Up Shake Up as a whole school initiative • RED January for Mind - Whole school participation • Class compliments boxes for mindfulness
<p>3. Increased confidence, knowledge and skills of all staff in teaching PE and Sport</p>	<ul style="list-style-type: none"> • Staff CPD to meet and address ongoing needs • Team Teaching across year groups (across the Federation) sharing staff skills and knowledge • Regular staff self-assessment to feedback to PE Coordinator so that required support can be put into place • PE monitoring: learning walks, planning scrutiny, observations • Links with SSP • Synergy partnership working in collaboration with other schools • Team teaching opportunities for all staff to work alongside PE Lead to plan, deliver and assess
<p>4. Broader experience of a range of sports and activities offered to all pupils</p>	<ul style="list-style-type: none"> • OSH Clubs offering a variety of high quality provision and access to all pupils • Visiting specialist coaches – e.g. Rock'n'Roll dance coach, hula hooping, skipping, yoga. • Healthy Week workshops led by expert instructors • Play Facilitator – lead games and organised activities during lunchtime • Year 1 Swimming lessons
<p>5. Increased participation in competitive sport</p>	<ul style="list-style-type: none"> • In house class competitions – display board in corridor celebrating success and encouraging competition (both individually via focus on PBs and between classes/Year groups) • Sports Day team competition – all children participate • Healthy Week 'movement & activity challenge' using pedometers and HR monitors • SSP Competitions (try to use as opportunity for PPG, SEN etc.) – Gymnastics, TriGolf, Dance, Football, Cheerleading etc.